

# Patient Information



Dr. Caroline J. Plamondon M.D.  
Cosmetic & Reconstructive Plastic Surgery

Today's Date: \_\_\_\_\_

Welcome to our office. As a new patient, please fill out the information found below to the best of your ability. Please answer these health and beauty related questions to help us design the ideal experience for you. All information will remain confidential.

Patient Name / Responsible Party (if minor): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Country: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Email Address: \_\_\_\_\_

SS#: \_\_\_\_\_ Preferred Method of Contact: \_\_\_ Home \_\_\_ Cell \_\_\_ Work \_\_\_ E-Mail

Sex:  Female  Male Marital Status:  Single  Married  Widowed  Separated  Divorced

### How did you hear about Caroline J. Plamondon, MD?

Google  Facebook  RealSelf  Other/Define \_\_\_\_\_ Referred by \_\_\_\_\_  patient

The information provided above and during your scheduling may be used to contact you. Please do not provide information if it cannot be used.

Please check all of Dr. Plamondon's surgical and non-surgical procedures that interest you.

#### FACE

- Facelift, Neck Lift
- Eyelid Surgery
- Nose Surgery (cosmetic and breathing)
- Facial Contouring, Fat Grafting
- Prominent Ear, Otoplasty
- Other \_\_\_\_\_

#### BREAST

- Breast Augmentation
- Breast Revision/Reconstruction
- Breast Lifts
- Breast Reduction
- Scar Revisions
- Nipple Surgery

#### BODY

- Tummy Tuck
- Liposuction
- Arm Lift (Brachioplasty)
- Other \_\_\_\_\_
- Other \_\_\_\_\_

#### NON-SURGICAL

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Botox Injections                          | <input type="checkbox"/> Anti-Aging, Prevention Skincare | <input type="checkbox"/> PRP (Plasma Rich Protein) Therapy |
| <input type="checkbox"/> Dermal Fillers (e.g. Restylane, Juvederm) | <input type="checkbox"/> Sun Damage Repair               | <input type="checkbox"/> Other _____                       |
| <input type="checkbox"/> Microneedling with Radio Frequency        | <input type="checkbox"/> Acne Treatments                 | <input type="checkbox"/> Other _____                       |
| <input type="checkbox"/> Chemical Peels                            | <input type="checkbox"/> Scar Treatment                  | <input type="checkbox"/> Not sure, need consultation       |

#### PRIMARY CARE PHYSICIAN / PEDIATRICIAN

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_

#### EMERGENCY CONTACT

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

#### INSURANCE

Plan Name: \_\_\_\_\_ Primary Insurer: \_\_\_\_\_ Subscriber ID: \_\_\_\_\_

Group#: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

#### Assignment and Release (Insurance Patients Only)

I, the undersigned, have insurance coverage with the company named above. I assign, directly to Dr. Plamondon, all medical benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges, including possible hospitalizations, whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all of my insurance submissions.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Patient Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Date of last physical examination: \_\_\_\_\_

**Symptoms**

Check (✓) symptoms you currently have or have had in the past year.

**General**

- Chills
- Depression/Anxiety
- Eating Disorder  
(*Bulimia, Anorexia*)
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Loss of sleep
- Loss of weight
- Nervousness
- Numbness
- Sweats

**Muscle/Joint/Bone**

Pain, weakness, numbness:

- Arms     Hips
- Back     Legs
- Feet     Neck
- Hands     Shoulders

**Gastrointestinal**

- Poor appetite
- Bowel changes
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Rectal bleeding
- Reflux
- Stomach pain
- Ulcers
- Vomiting
- Vomiting blood

**Genito-Urinary**

- Blood in urine
- Frequent urination
- Lack of bladder control
- Painful urination

**Eye, Ear, Nose, Throat**

- Bleeding gums
- Blurred vision
- Difficulty swallowing
- Double vision
- Earache
- Ear discharge
- Hay fever
- Hoarseness
- Loss of Hearing
- Nosebleeds
- Persistent cough
- Ringing in ears
- Sinus problems
- Vision – Flashes
- Vision – Halos

**Women**

Are you pregnant? \_\_\_\_\_  
Number of children \_\_\_\_\_

**Cardiovascular**

- Chest pain/Heart attack
- Heart murmur or  
leaking valve
- High blood pressure
- Irregular heart beat
- Low blood sugar
- Poor circulation
- Rapid heart beat
- Swelling of ankles
- Varicose veins

**Skin**

- Bruise easily
- Hives
- Itching
- Change in moles
- Rash
- Scars
- Sore that won't heal

**Conditions**

Check (✓) conditions you currently have or have had in the past year.

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> AIDS              | <input type="checkbox"/> Cataracts                     | <input type="checkbox"/> Hepatitis B or C   | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Alcoholism        | <input type="checkbox"/> Drug or Alcohol<br>dependency | <input type="checkbox"/> Hernia             | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Anemia            | <input type="checkbox"/> Diabetes                      | <input type="checkbox"/> High cholesterol   | <input type="checkbox"/> Tonsillitis      |
| <input type="checkbox"/> Appendicitis      | <input type="checkbox"/> Emphysema                     | <input type="checkbox"/> HIV Positive       | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Arthritis         | <input type="checkbox"/> Embolism                      | <input type="checkbox"/> Kidney disease     | <input type="checkbox"/> Typhoid Fever    |
| <input type="checkbox"/> Asthma            | <input type="checkbox"/> Epilepsy                      | <input type="checkbox"/> Liver disease      | <input type="checkbox"/> Ulcers           |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Glaucoma                      | <input type="checkbox"/> Migraine headaches | <input type="checkbox"/> Psychiatric Care |
| <input type="checkbox"/> Blood clot        | <input type="checkbox"/> Goiter                        | <input type="checkbox"/> Multiple Sclerosis | If yes, Doctor's Name                     |
| <input type="checkbox"/> Breast lump       | <input type="checkbox"/> Gout                          | <input type="checkbox"/> Pacemaker          | _____                                     |
| <input type="checkbox"/> Bronchitis        | <input type="checkbox"/> Heart disease                 | <input type="checkbox"/> Pneumonia          |   |
| <input type="checkbox"/> Cancer            |  | <input type="checkbox"/> Rheumatic Fever    |   |

**Medications**

List **all** medications you are currently taking.

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**Allergies**

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**Past Surgeries**

| Year | Hospital | Reason |
|------|----------|--------|
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |

**Past Hospitalization for Serious Illnesses**

| Year | Hospital | Reason |
|------|----------|--------|
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |
|      |          |        |

Have you ever had a blood transfusion?     Yes     No

If yes, please give approximate dates: \_\_\_\_\_

**Health Habits**

Check (✓) which substances you use and describe how much you use.

|                          |          |  |
|--------------------------|----------|--|
| <input type="checkbox"/> | Caffeine |  |
| <input type="checkbox"/> | Tobacco  |  |
| <input type="checkbox"/> | Drugs    |  |
| <input type="checkbox"/> | Other    |  |

**Family Health**

Check If, your blood relatives had any of the following:

| ✓ | Disease                | Relationship to you |
|---|------------------------|---------------------|
|   | Arthritis, Gout        |                     |
|   | Asthma, Hay Fever      |                     |
|   | Cancer                 |                     |
|   | Chemical Dependency    |                     |
|   | Diabetes               |                     |
|   | Heart Disease, Strokes |                     |
|   | High Blood Pressure    |                     |
|   | Kidney Disease         |                     |
|   | Tuberculosis           |                     |
|   | Other                  |                     |

**Occupational**

Check (✓) if your work exposes you to the following:

|                          |               |                          |                      |
|--------------------------|---------------|--------------------------|----------------------|
| <input type="checkbox"/> | Stress        | <input type="checkbox"/> | Hazardous Substances |
| <input type="checkbox"/> | Heavy Lifting | <input type="checkbox"/> | Other                |

**Occupation**

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of her staff responsible for any errors or omissions that I may have made in the completion of this form.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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**INSURANCE WAIVER OF LIABILITY**

Insurance regulations require that I inform you that your insurance company may possibly deny coverage for surgical procedures that have been requested by you or recommended to you by myself or other health care providers.

Most insurance companies' will either not pre-authorize surgery and/or may retroactively deny it. If this occurs, it is the policy of this office to bill you directly after appealing to your insurance company for you. It is recommended that you also appeal directly if your insurance company denies you coverage.

If your insurance company ultimately denies covering your surgery, you will be responsible for the surgical fee up to the reimbursement level normally provided by your insurance company.

Initial: \_\_\_\_\_

**INSURANCE DEDUCTIBLE FOR SURGICAL PATIENTS**

In the event you become a surgical patient, we require a copy of the front and back of your credit/debit card to cover any deductible that your insurance plan may indicate. Our office will verify this amount of ahead of time through your insurance carrier. We will submit the claim to your insurance carrier on your behalf.

If after the first billing cycle payment has not been received or arrangements have not been agreed upon, any outstanding deductible will be charged to the credit card you have provided us. A 2.5% convenience fee will be assessed to any charge over \$100. You may also choose to write us a check which we will hold until we receive notification of payment from your insurance company. By signing below, I acknowledge that I have read and agree to the above policies.

Signature: \_\_\_\_\_

**PRIVACY AND CONFIDENTIALITY NOTICE**

We understand that many patients are concerned about the privacy surrounding their decision to have plastic surgery. This notice describes how the personal and medical information you provide may be used. Please review it carefully and sign below. If you have any questions, please do not hesitate to speak with our office staff.

Dr. Plamondon and her staff believe your personal and medical information should remain confidential. Your decision to enhance your look is a personal one and it is our pledge that we will safeguard the information you provide to the best of our abilities. Our efforts to safeguard your personal and medical information include training our staff on the principals and importance of patient confidentiality, keeping patient charts and photographs safe and secure, and transmitting only necessary information to facilities such as the hospital and anesthesiologist.

I have read and understand the Privacy and Confidentiality Notice and all questions have been answered to my satisfaction. I understand I may have a copy of the Privacy and Confidentiality Notice if I wish.

Initial: \_\_\_\_\_

**CONSENT TO TAKE PHOTOGRAPHS**

I hereby authorize Caroline J. Plamondon, M.D. and her associates or licensees to take pre-operative and post-operative Photographs.

I understand that such photographs shall become the property of Dr. Plamondon and will be retained by Dr. Plamondon. I UNDERSTAND THAT TREATMENT WILL NOT BE GIVEN IF PRE-OPERATIVE AND POST-OPERATIVE PHOTOGRAPHS ARE NOT TAKEN AS THESE ARE A PART OF EVERY MEDICAL EXAMINATION AND A CRITICAL PART OF MY PATIENT CHART.

I also authorize Caroline J. Plamondon, M.D. to use these photographs for the purpose of teaching, as a tool to inform other patients, or as part of Dr. Plamondon's internet website. Photographs will always be used in an anonymous fashion. Body photographs never show the face; however, if the surgery involves part or the whole face, I still authorize Caroline J. Plamondon, M.D. to use the photographs as mentioned above. Please choose one of the following:

**Restrictions: Medical Chart only:** \_\_\_\_\_

**No face photos on the internet:** \_\_\_\_\_

**All identifiable tattoos, piercings, etc; to be cropped out before internet use:** \_\_\_\_\_

**NO Restrictions to use of photographs:** \_\_\_\_\_

**I have read and understand the above policies.**

Patient Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_